



# PEABERRIES

INDULGENT THERAPIES

Your Invitation to a Sensory Journey...



Arusha  
Coffee Lodge

TANZANIA



*elewana*

— COLLECTION —





# PEABERRIES

## INDULGENT THERAPIES

Across the gardens of Arusha Coffee Lodge located by the pool, you will discover Peaberries.

Inspired by the natural elements of the coffee plantation around us, the spa offers a range of treatments, to suit everyone. We use the finest Healing Earth products in treatments designed to relax, pamper, detox or rejuvenate.

Healing Earth is a premium African spa brand that offers natural, organic products, therapies and spa concepts to discerning clients the world over. Each lovingly created Healing Earth product harnesses the restorative powers of Africa's rich natural resources, and is made from only the purest natural active ingredients sourced from the continent's powerful minerals, oceans, flowers, herbs, fruit, seeds and natural oils.

All Healing Earth ingredients are carefully selected and meticulously researched, ensuring a pure product that connects users to the healing powers of Mother Earth. All Healing Earth products are free from synthetic fragrances, colourants, petro chemicals, DEA, preservatives and parabens.

Let your sensory journey of discovery begin at Peaberries

# Facial Therapy

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## Ageless Skin Booster – Restore & Balance

Extracts of skin Restorative Rose and Balancing Neroli will replenish and hydrate skin, as well as balance skin tone. Rose Quartz crystal reinforces balance and harmony. Skin is left beautifully hydrated and revitalized.

60 minutes ~ \$150

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## Kulinda Skin Protector – Anti Pollution

The seedpods of Nelson Mandela's favorite tree, the Baobab, or Tree of Life is combined with extracts of Jasmine and a powerful synergy of anti-oxidant and protective ingredients leaving your skin soft, renewed and radiant. A herbal face compress infused with traditional herbs enhances overall skin health.

60 minutes ~ \$120

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## Nishati Skin Energizer – Tone & Renew

Marula, Geranium and Ylang-Ylang essential oils are mixed into an invigorating blend of sheer skin bliss. Excellent for tired skin and uneven skin tone.

60 minutes ~ \$120

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# Healing Touch Relaxation

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## Kalahari Melon Hydrating Treatment

For intensive hydration and skin softening effects while being pampered from head to toe.

60 minutes ~ \$120 | 90 minutes ~ \$180

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## African Ginger Firming Treatment

This is a stimulating treatment that will increase circulation which has body slimming and skin firming effects.

60 minutes ~ \$130 | 90 minutes ~ \$190

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## Mongongo Nut Detoxing Treatment

This is a de-toxing treatment with Mongongo Nut Oil which helps to reduce non-medical fluid retention and assists in eliminating toxins in the body.

60 minutes ~ \$120 | 90 minutes ~ \$180

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## Coffee, Cinnamon & Orange Cellu-Low Treatment

This invigorating treatment concentrates on cellulite reduction. Great results are achieved when this treatment is used in combination with a fitness program.

60 minutes ~ \$130 | 90 minutes ~ \$180

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## Back, Neck & Shoulder Massage

An invigorating massage which concentrates on the tensions hot-spots of the back, neck and shoulders. A great way to relieve tension and get rid of any build up stress which has accumulated in the body leaving you feeling refresh and free from any strains.

30 minutes ~ \$60

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# Signature Treatments

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## Marula & Neroli Sensory Experience

A pampering treatment of pure indulgence with extracts of Marula, Neroli and Ylang-Ylang. Start your treatment with a Marula and Neroli body polish, followed by a selection of Marula and Neroli aromatherapy oil or balm for a sensual massage.

90 minutes ~ \$150

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## The Zanzi-Spice Journey

### Balance – Revitalise

Our customised Zanzi-Spice Journey will pamper you in the true African spirit of warmth and hospitality. Experience the treasures of indigenous spice extracts and succumb to a state of complete relaxation and bliss.

A powerful blend of coffee, cinnamon, cloves and orange essential oils and extracts creates a memorable spice experience.

A vigorous dry body brush boosts circulation, followed by an energising, detoxing body polish which will leave your skin feeling silky and refreshed. You will then be cocooned in a coffee, cinnamon and orange gel wrap to eliminate toxins, firm and energise skin whilst adding a radiant island glow. A blissful full body massage using a combination of our signature botanical balms and pure aromatherapy oils complete this truly indulgent experience leaving you relaxed, radiant and energised.

120 minutes ~ \$250

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## Healing Hands & Feet

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### Shellac Manicure

60 minutes ~ \$75

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### African Hand Print Ritual

The ultimate hand ritual. Your hands are polished with pure African Shea butter and cuticles restored with indigenous healing oils. Your hands are then massaged with African Shea butter and covered with warm mitts. You will feel totally relaxed while the warm oils penetrate your skin. Pinotage oil is applied, leaving your hands feeling totally invigorated.

60 minutes ~ \$100

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### Shellac Pedicure

90 minutes ~ \$95

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### African Footprint Ritual

Celebrate your feet with this wonderful luxurious pedicure treatment. Your feet are soaked in African Joy energizing salt soak, scrubbed with a luxurious peppermint foot polish and massaged with African Shea butter. Relax as you receive a shoulder and scalp massage. Pure bliss for tired feet.

90 minutes ~ \$120

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### African Potato Signature Ancient Therapy

Relax and rejuvenate on a sensory journey where detail after thoughtful detail creates an experience of total bliss. African potato balm with healing properties created especially for sun damaged, sensitive, environmentally stressed skin. It will uniquely transform your skin into healthy radiance. The treatment includes a full body scrub with fruits of Africa, followed by a rich, African Potato body balm full body massage.

120 minutes ~ \$250

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## Spa Body Therapy

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### Body Exfoliation

A rejuvenating body experience commences with body mapping followed by a customized body exfoliation to renew the skin which is then nourished, hydrated and protected by a layer of body moisturizer.

30 minutes ~ \$50

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## Spa Packages

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### Peaberries Triple 'R' Treatment

#### Rejuvenate, Relax & Retreat

Full Body Scrub & Wrap, Full Body Massage, Deep Cleanse Facial

150 minutes ~ \$290

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#### Peaberries Balancing Treatment

Balancing Reflexology

45 minutes ~ \$50

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Sedating Scalp

45 minutes ~ \$50

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Balancing Reflexology & Sedating Scalp

90 minutes ~ \$90

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Our therapist would be delighted to discuss with you a range of speciality treatments and therapies that can be tailor made for you.

- » To make an appointment please call reception on '0' (Zero) or 128 from your room.
- » All treatments take place at Peaberries.
- » Please be at the spa at least 15 minutes before your treatment is due to start.
- » All prices are in US Dollars and can be paid either by cash or by credit card on departure.







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